# COMMUNITY NEWSLETTER



by East Wimmera Health Service (EWHS)

















PAGE 1

Trying out the new Podiatry chair at Birchip Campus is Alison (Podiatrist) and Elaine (Birchip Friends of EWHS Committee member). New Board of Directors members Ross McKenzie and Shane Molloy.

# **AUGUST 2023....**

Welcome to our August 2023 Community Newsletter!

The **Birchip Friends of EWHS** are a very active volunteer committee who raise funds through a number of events, all in support of EWHS. Their most recent efforts have seen a new podiatry chair and drill purchased for Birchip Community Health. EWHS thank the Birchip Friends of EWHS committee for their ongoing dedication and contributions to our health service.

EWHS have recently welcomed two **new members** to our **Board of Directors.** Join us in welcoming:

- Ross McKenzie (BSc(hon), PhD) has over 23 years experience in the medical research and health care system in Victoria including more than 13 years in the public health sector.
- Shane Molloy has had considerable experience as a CEO across the public health sector and Disability Services sector. Some may recall his position as inaugural CEO of EWHS.

To keep up to date with what is happening at EWHS in real time, follow our Facebook page or check out our website.



www.facebook.com/east.wimmera.health.service



<u>www.ewhs.org.au/</u>

## **AROUND THE GROUNDS**



#### SUPER STAFF CELEBRATED

We've been celebrating the achievements of a number of staff recently - please join us in congratulating the following staff for the many years of service they have given to EWHS.

#### St Arnaud:

- Trina Summers 30 years
- Joanne Roberts 35 years

#### Donald:

- Jenny Murray 15 years
- Eileen Adamson 35 years





L-R: Genette (St Arnaud Campus Manager), Trina, Joanne, Jenny, Sheryl (Donald Campus Manager) and Eileen.

#### REMINDER | MEDICAL IMAGING

A reminder that the Medical Imaging Team will be operating at reduced hours and with less services offered into August. Enquiries and appointments can still be made on 5477 2241.



Open times for Monday 24th July to Monday 21st August inclusive.

During this time we will be open:
On **Thursdays** for **X-Rays only** 9am to 5pm
On **Fridays** for both **X-Rays and Ultrasounds** 9am to 5pm

#### **Closed on Tuesdays**

(Re-opening Tuesday, 22nd August 2023)

Phone: 5477 2241 for appointments.

Thank you, Medical Imaging Team

### AROUND THE GROUNDS



#### CHRISTMAS IN JULY IN DONALD

On Tuesday 25th July Donald Campus celebrated Christmas in July. Staff pulled out all the stops from decorations to dress ups. The Residents all enjoyed the special day, special thanks goes to all who were involved in making this event happen!





Do you want to contribute to your community? Do you love having a cuppa and a chat? Do you enjoy meeting new people?



Congratulations, you have got the skills and attributes to become a Community Friendly Visitor at East Wimmera Health Service!

Community Friendly Visitors make home visits to provide companionship, social interaction and friendship to our local community members.

JOIN US!





5477 2100 
 ✓ volunteers@ewhs.org.au

## **AROUND THE GROUNDS**



#### **ACCOLADES TO 41 YEARS!**

Debbie Hobbs has recently retired after 41 years of working with EWHS. In early July, current and past staff members held an afternoon tea to thank Debbie for her many years of dedication and compassion towards her community.

After completing her general nursing training, Debbie started working at the then Charlton Bush Nursing Hospital in 1982. When Debbie started working it was a 12 bed private acute hospital with a midwifery service and operating theatre. Karalinga Nursing home was built and opening in 1984 and this is when Debbie's long association in the then specialised area of 'Aged Care' nursing began. Charlton Hostel was opened in 1992 and Debbie continued her work, with her prime focus and concern always on the wellbeing and individual of the client.

In 1999, Charlton Bush Nursing Hospital amalgamated to become EWHS Charlton Campus. Debbie was appointed to Aged Care Unit Manager in 2001.

In January 2011, the catastrophic flooding of the Avoca River in Charlton inundated the hospital resulting in its closure. Debbie continued to work following this event, in a job share role as the Manager of the Triage Centre that was provided until the new and current hospital was built in Learmonth Street in 2014.

Most recently, Debbie has worked as a District Nurse with the Community Health team, providing compassionate care to those in our community.

Outside of work there is no stopping Debbie - she is an active volunteer across many community groups and organisations in Charlton, and also a super Granny!

The Charlton and district community have been very lucky to have such a dedicated and caring health professional looking after their needs and wellbeing for the past 41 years.

Please join us in wishing Debbie all the best for a very well earnt retirement!





### **KEEP UP TO DATE**



#### **EVENTS AND INFORMATION**

Friends of East Wimmera Health Service

Wycheproof Campus



When:- Friday 18th August, 2023 @ 7pm

Where:- Wycheproof Golf Clubrooms

Cost:- \$ 15 per person

Great Questions

Lots and lots of Prizes
Supper provided

Great night out

Bookings to 0409 215 748 or 0438 529 573



# **KEEP UP TO DATE**



#### **EVENTS AND INFORMATION**

# Have your say | Northern Grampians Shire Youth Strategy Survey now open

Young people are the future of the community, and Northern Grampians Shire wants them to thrive and love where they live.

Northern Grampians Shire is developing a Youth Strategy. The Strategy will provide overall direction for Council and its work with young people into the future.

They are calling on young people aged 12-24, and their parents/carers to share their ideas, concerns and priorities.



#### **KEY DATES**

All - Tradie's Health Month

1-7 Aug - World Breastfeeding Week

7-13 Aug - Dental Health Week

7-13 Aug - National Stroke Week

12 Aug - International Youth Day

25 Aug - Wear It Purple Day

31 Aug - Daffodil Day (Cancer Council)





East Wimmera Health Service acknowledges the Traditional Owners; the Dja Dja Wurrung Peoples, Djaara Peoples, Jaara Jaara Peoples, Wotjobaluk, Jaadwa, Jadawadjali, Wergaia and Jupagalk Peoples and Custodians of the land in which we work and live, and pays respect to their Elders past, present and emerging. We acknowledge their significant cultural heritage, their fundamental spiritual connection to the country, and value their contributions to a diverse community. We are proud to embrace the spirit of reconciliation, and learn more from the local Aboriginal and Torres Strait Islander Communities, on how best to improve their health, social and economic outcomes.



East Wimmera Health Service is proud to support and provide care for all lesbian, gay, bisexual, trans and gender diverse, intersex, queer and/or questioning and asexual (LGBTQIA+) staff, consumers and communities. We are committed to ensuring our services are welcoming, safe, inclusive and respectful for everyone.